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<p><b>Action Centre Hours</b> The Action Centre is open Monday to Friday 9am to 4pm</p>	<p><b>Having A Positive Attitude During Your Job Search ...</b></p> <p>Have you ever found yourself venting about your prior boss and company during an interview? You knew that you were indeed qualified and an ideal candidate for the job, but what went wrong.</p>
<p>Coordinator Deb Biller and Volunteer Peer Helpers are always at the Action Centre to assist you.</p>	<p>Most people looking for a job feel similarly aggrieved, but don't like to admit it openly. They may strongly deny that they have this attitude, but it can creep through and color what you say during an interview, even if you're not aware of it. It can also affect how you conduct your job search.</p>
<p><b>Contact Information</b> 50 Division Street Welland, ON L3B 3Z6 Phone: 289-820-7006 Fax: 289-820-6550 Email: <a href="mailto:jdaction@cogeco.net">jdaction@cogeco.net</a> Website: <a href="http://www.jdaction.ca">www.jdaction.ca</a></p>	<p>We may feel as if we are at the end of our tether, financially or emotionally or both. Perhaps we may harbour a feeling of resentment that infuses everything we do. Because of this, we often aren't doing what is really productive to advance the job search.</p>
<p><b>Services Provided</b></p> <ul style="list-style-type: none"> <li>▶ Resume Preparation</li> <li>▶ Interview Preparation</li> <li>▶ Workshops</li> <li>▶ Computer Basics</li> <li>▶ Computers and fax for job search</li> <li>▶ Training information and resources</li> <li>▶ Job search</li> </ul>	<p>As you can imagine, it's important to recognize and acknowledge these feelings when you're seeking a job because they can seriously impede the progress of your job search. The overall consensus is clear. You have to have a positive attitude to be successful. As researchers have discovered, this also holds true in sports. You have to go into an endeavour believing sincerely that you can succeed at it, or your performance will be less than optimal. Creating an internal image of doing what you need to and then making it happen physically is what good athletes do.</p> <p>Adopt a positive attitude ... Think positively ... These words have been said so many times -- they don't have much impact any more, which is a shame because it is so terribly important to have that mind-set.</p>
<div data-bbox="123 1436 245 1556" data-label="Image"> </div> <p><b>Upcoming Workshops</b></p> <p>Check our website for the workshop schedule! Help with resumes, cover letters and interview skills available daily.</p>	<p>Keeping a positive attitude can't be stressed enough. It is absolutely necessary to build and maintain a positive, forward-looking frame of mind in all aspects of life.</p> <p><i>*** And speaking of positive, we would like to send our congratulations to the Action Centre's Coordinator Brian Wren for his job acceptance with the Hamilton Police Service. Thanks Brian for all your hard work here at the centre and the best of luck to you as you begin your new venture. ***</i></p>

Funny Quip Of the Month: Some people ask the secret of our long marriage: We take time to go to a restaurant two times a week. A little candlelight dinner, soft music and dancing. She goes Tuesdays, I go Fridays.

The John Deere Action Centre is Funded and Supported by

